

# The Ethical Treatment Of Depression: Autonomy Through Psychotherapy



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## Countertransference Triggered Activity in Treatment. Good, Bad or Useful?

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### Authors' contributions

This work was carried out in collaboration between all authors. Author HLS designed the study, wrote the protocol, and wrote the first draft of the manuscript. Author KP managed the literature searches, author FD the analyses of the study, author US managed the experimental process. All authors read and approved the final manuscript.

### Article Information

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### ABSTRACT

The aim of the "Dismantling Psychotherapy Research Study" was to evaluate whether the therapist-patient interaction and the patient's level of object relationship quality. We worked with 204 tape-recorded therapy sessions with depressed patients from the Munich Psychotherapy Study (Huber, 2012), a comparative quasi-experimental study of psychoanalysis (PA), psychodynamic therapy (PD) and Cognitive behavioral therapy (CBT). The study aimed to maximize external validity by examining non-manualized and representative psychotherapies under the conditions of day-to-day practice. The tape recordings were rated and analyzed using the Psychotherapy Process Q-Set (PQS), the Countertransference Questionnaire/Therapist response questionnaire (CTQ/TRQ), the Shedler-Westen-Assessment Procedure-200 (SWAP) and the Quality of Object Relations Scale (QORS). 90 patients with a definite diagnosis of depressive disorder and 12 clinical psychologists/psychotherapists with at least 5 years of professional experience took part in the study.

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In The Ethical Treatment of Depression, Paul Biegler argues that the insights patients gain from the therapeutic process promote autonomy. He concludes that medical practitioners have an ethical imperative to prescribe psychotherapy CBT in particular for depression. Request Article PDF The ethical treatment of depression: Autonomy through psychotherapy

A philosopher argues there is an ethical imperative to provide. Autonomy and ethical treatment in depression.

Antidepressant medication and evidence-based psychotherapy have largely equivalent efficacy in the management of the common, less severe grades of depression. As a result, several national guidelines recommend that either can be used in the treatment of this disorder. The final chapter, seven, A Special Duty to Promote Autonomy in Depression: The Moral Case for Psychotherapy, argues that because CBT is more effective than ADM at promoting autonomy, health care professionals have a moral responsibility to provide CBT to patients who suffer from depression. Philosophy in Review XXXIII (), no. 5. Paul Biegler. The Ethical Treatment of Depression. Autonomy through Psychotherapy. Cambridge, Mass. A philosopher argues there is an ethical imperative to provide psychotherapy to depressed patients because the insights gained from it. ABSTRACT. Antidepressant medication and evidence-based psychotherapy have largely equivalent efficacy in the management of the. Alex said: An extremely well written and well argued thesis by Paul Biegler. The Ethical Treatment of Depression: Autonomy Through Psychotherapy. The Ethical Treatment of Depression: Autonomy Through Psychotherapy Permanent Link. Find in a Library Full Text from Publisher. Biegler, P. (). The Ethical Treatment of Depression: Autonomy Through Psychotherapy. Cambridge, Massachusetts and London, England: The MIT Press. Within minutes he's told he has depression, needs medication, and will Ethical Treatment of Depression: Autonomy through Psychotherapy. Understanding causal stressors promotes autonomy in depression; 7. A special duty to promote autonomy in depression: the moral case for psychotherapy. Paul Biegler, The Ethical Treatment of Depression. Autonomy Through Psychotherapy. Reviewed bjornhalldal.com Mathien - - Philosophy in Review 33 .Autonomy: the importance of justified beliefs about material facts -- Autonomy: the importance of justified beliefs about affect -- Depression: disorder of affect. Get this from a library! The ethical treatment of depression autonomy through psychotherapy. [Paul Biegler]. Psychotherapy affords people with depression greater autonomy in decisions . which examined ethical issues in the treatment of depression. The Ethical Treatment of Depression: Autonomy Through Psychotherapy. One in six people worldwide will experience depression over the course of a.

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